



Trauma-Informed Care (TIC) in Juvenile Justice Systems

TRAINING TYPE: RFC Annual

COURSE HOURS: 8

DELIVERY METHOD: ILT – Instructor-Led Training

STC/BSCC CERTIFICATION #: 00944849

DESCRIPTION:

This course will familiarize attendees with types of trauma and toxic stress experienced by populations served, as well systemic trauma that can exacerbate trauma reactions. Additionally, the course will review how trauma and toxic stress affects normal development and manifests socially, physically, cognitively, behaviorally, sexually, and emotionally. The role trauma plays in developing survival coping behaviors and how such behavior becomes a response to ongoing trauma reminders will also be discussed. The course will also review how probation staff can minimize trauma reminders, and facilitate more adaptive coping responses and emotional awareness skills to minimize trauma impact and promote healing. Becoming a more trauma-informed organization involves a parallel process in which youth and staff alike feel safe, heard, and empowered. Attending to trauma exposure and stress experienced by staff, with ways to counter them, is an important part of the organization's ability to provide quality service to youth.

Instructor:

**Lisa Maaca Bartlette,
MSSA**

Lisa Maaca Bartlette is the founder of Lisa Maaca Inc., providing evidence-based, dynamic trainings, workshops, and keynote presentations to inform child welfare, juvenile justice, and other workforce professionals. Adept at storytelling and with years of education, research and professional experience, Lisa has made it her life's work to help those who are hurting to experience healing.

