



Aiding and Abetting Adolescent Brain Development

TRAINING TYPE: RFC Annual

COURSE HOURS: 8

DELIVERY METHOD: ILT – Instructor-Led Training

STC/BSCC CERTIFICATION #: 09930342

DESCRIPTION:

The purpose of this course is to provide trainees with an overview of adolescent development and typical behaviors associated with developmental changes. Specifically, trainees will become familiar with changes linked to biology, cognition, and social and emotional development. These concurrent changes during this critical developmental period can make youth more vulnerable to engage in risky behaviors and make them resistant to rules and authority. Environmental factors such as exposure to substance use, trauma, poverty, and inadequate parenting can make adolescents more susceptible to poor outcomes, adversely affecting their development. Strategies for implementing effective behavior management to promote positive youth development within juvenile justice settings will be discussed. These strategies will include skills to create psychological safety and improve communication (which promote overall safety), increase early intervention and de-escalation, and increase youth skill acquisition.

Instructor:

**Lisa Maaca Bartlette,
MSSA**

Lisa Maaca Bartlette is the founder of Lisa Maaca Inc., providing evidence-based, dynamic trainings, workshops, and keynote presentations to inform child welfare, juvenile justice, and other workforce professionals. Adept at storytelling and with years of education, research and professional experience, Lisa has made it her life's work to help those who are hurting to experience healing.

